

# PHYSICAL EDUCATION

What is it like to participate in PE lessons at Sheriff Hutton Primary School?

Physical Education is taught through discrete lessons. The children have a minimum of two sessions each week, one of which is led by a Sports Coach.



We use both indoor and outdoor spaces around school for our PE sessions.



We encourage regular exercise; we have installed a cycle shelter to promote cycling to school.

We visit local sports facilities to take part in competitions and local events.



Dance sessions

UKS2 children keep a sports journal.

We explore how to keep ourselves healthy and how to improve our own skills.



Children in KS2 go swimming in the summer term.

Sports Council lead assemblies.

We participate in local sports competitions with other schools.



We enjoy our annual Sports Day.



Children participate in a range of clubs, before and after school, including tennis and martial arts.

