

PSHE / RSE

TWO YEAR CYCLE 2020-2022

Sheriff Hutton Primary School follows the PSHE Association Programme of Study, using the Twinkl scheme of work as the basis for PSHE and RSE teaching. Lessons are based on a range of resources. Additional and alternative resources may be used to deliver the learning objectives in the units of work below.

2020-2021

Year Group	Autumn	Spring	Summer
1 and 2	It's my body Unique (Elmer) TEAM	Diverse Britain One World	Growing up Aiming high
3 and 4	Be Yourself Digital wellbeing * link to Computing	One World VIPs	Money Matters Safety First
5 and 6	It's my body TEAM	Diverse Britain VIPs	Growing up Aiming high

2021-2022

Year Group	Autumn	Spring	Summer
1 and 2	Be yourself Safety first	Think Positive VIPs	Digital Well being Money matters
3 and 4	TEAM Think Positive	Diverse Britain It's my body	Aiming High Growing up
5 and 6	Be yourself Digital wellbeing	One World Safety first	Think positive Money matters

The PSHE Association Programme of Study is based on three core themes within which there is broad overlap and flexibility.

- Health and Wellbeing
- Relationships
- Living in the Wider World

Safeguarding is a key element